

# From Inflation to Nucleosynthesis

FRW Cosmology

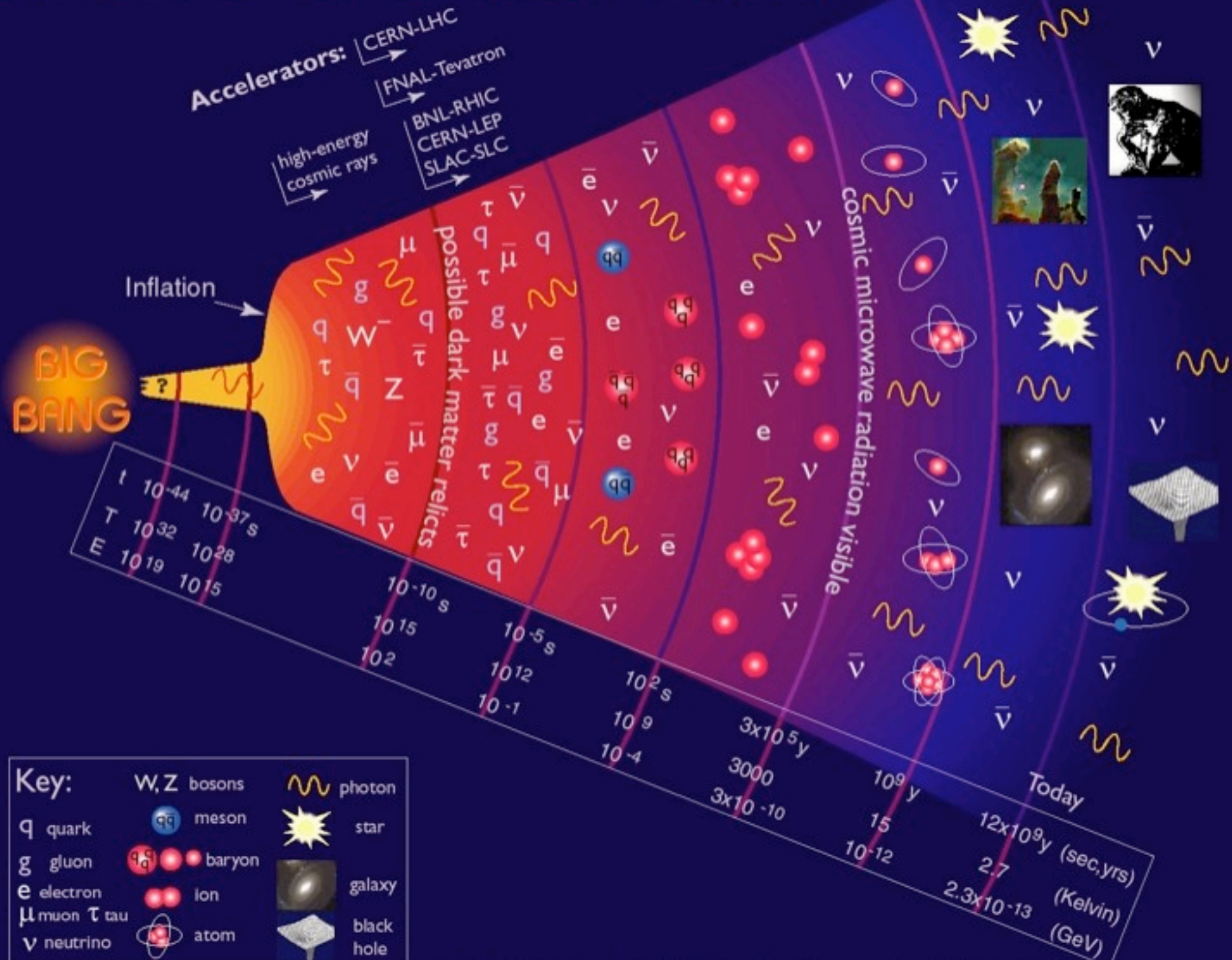
Inflation

Baryogenesis

Big Bang Nucleosynthesis

Comparison between Theory and Observations

# HISTORY OF THE UNIVERSE



## Friedmann-Robertson-Walker metric

$$ds^2 = dt^2 - R^2(t) \left( \frac{dr^2}{1 - kr^2} + r^2(d\theta^2 + \sin^2 \theta d\phi^2) \right)$$

$R(t)$  is the scale factor

$k$  is curvature constant :

$k = -1, 0, +1$  for spatially open, flat or closed Universes

with perfect-fluid source

$$T^{\mu\nu} = -pg^{\mu\nu} + (\rho + p)u^\mu u^\nu$$

and solve Einstein's equations

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R - \Lambda g_{\mu\nu} = 8\pi G_N T_{\mu\nu}$$

The (00) component gives:

$$H^2 \equiv \frac{\dot{R}^2}{R^2} = \frac{8\pi G_N \rho}{3} - \frac{k}{R^2} + \frac{\Lambda}{3}$$

The (ii) components give:

$$\frac{\ddot{R}}{R} = \frac{\Lambda}{3} - \frac{4\pi G_N (\rho + 3p)}{3}$$

In addition  $T^{\mu\nu}_{;\nu} = 0$  gives:

$$\dot{\rho} = -3H(\rho + p)$$

Consider  $k = \Lambda = 0$

$$\frac{\dot{R}^2}{R^2} = \frac{8\pi G_N \rho}{3} \quad \dot{\rho} = -3H(\rho + p)$$

i) Radiation dominated Universe:  $p = \rho/3$

$$\rho \sim R^{-4} \text{ and } R \sim t^{1/2}$$

ii) Matter dominated Universe:  $p = 0$

$$\rho \sim R^{-3} \text{ and } R \sim t^{2/3}$$

# The Universe today

Define the deceleration parameter :  $q_0 = -\frac{\ddot{R}_0 R_0}{\dot{R}_0^2}$

$$\frac{\ddot{R}}{R} = \frac{\Lambda}{3} - \frac{4\pi G_N(\rho + 3p)}{3} \quad \text{becomes (with } p \ll \rho)$$

$$-2q_0 H_0^2 = \frac{2\Lambda}{3} - \frac{8\pi G_N \rho_0}{3} = \Lambda - H_0^2 - \frac{k}{R_0^2}$$

or 
$$\frac{k}{R_0^2} = \Lambda + H_0^2(2q_0 - 1)$$

or 
$$\frac{k}{R_0^2} = H_0^2\left(\frac{3}{2}\Omega_0 - q_0 - 1\right)$$

where  $\Omega = \rho/\rho_c \quad \rho_c = 3H^2/8\pi G_N = 1.88 \times 10^{-29} h^2 \text{ g cm}^{-3}$

and  $h = H/100 \text{ (km/Mpc/s)}$

# The Universe today

When  $\Lambda = 0$ ,

$$q_0 = \frac{4\pi G_N \rho_0}{3H_0^2} = \frac{\Omega_0}{2}$$

and

$$\frac{k}{R_0^2} = H_0^2 (\Omega_0 - 1) \quad (\text{still true for } p \neq 0)$$

# Evolution of $\Omega$

$$(\Lambda = 0)$$

$$\Omega = \frac{k}{R^2 H^2} + 1$$

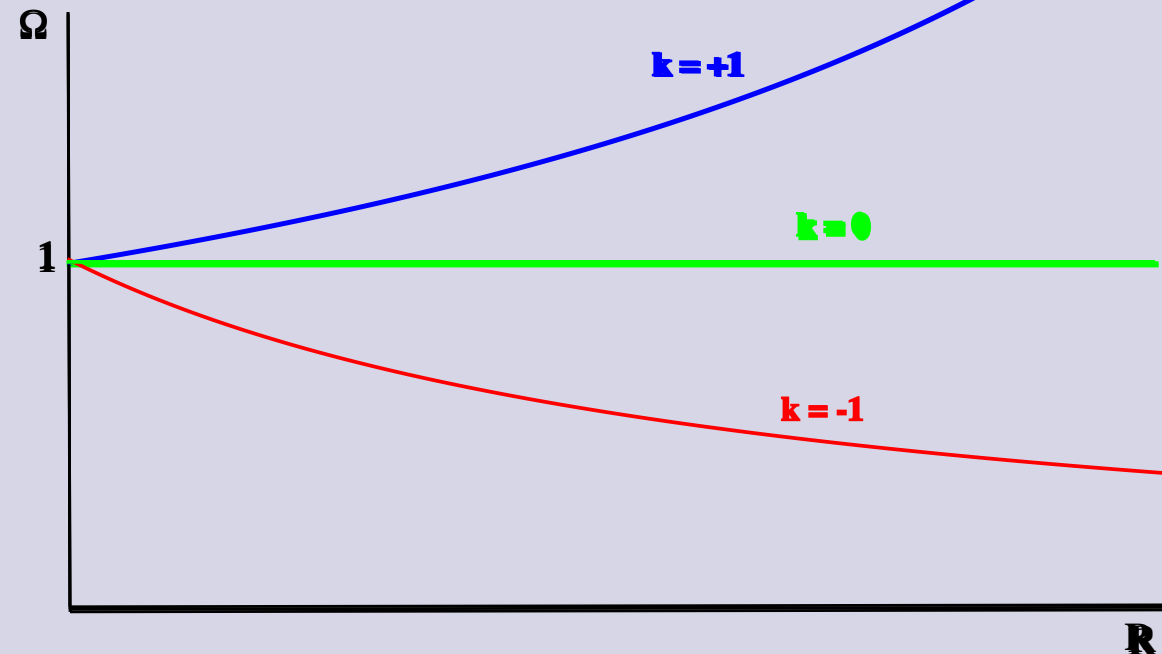
$k = 0 \Rightarrow \Omega = 1$  always

write

$$R^2 H^2 = \frac{8\pi G_N A}{3R^{3\gamma-2}} - k$$

$$\rho = AR^{-3\gamma}$$

$$\Omega = \frac{k}{\frac{8\pi G_N A}{3R^{3\gamma-2}} - k} + 1$$





# Age of the Universe

$$(\Lambda = 0)$$

$$\frac{\dot{R}^2}{R^2} = \frac{8\pi G_N \rho}{3} - \frac{k}{R^2}$$

$$\rho = \rho_0 \left( \frac{R_0}{R} \right)^{3\gamma} \quad \frac{k}{R_0^2} = H_0^2 (\Omega_0 - 1) \quad x = R/R_0$$

$$\dot{x}^2 = \Omega_0 H_0^2 \left( \frac{R_0}{R} \right)^{3\gamma-2} - (\Omega_0 - 1) H_0^2$$

$$\dot{x} = H_0 [1 - \Omega_0 + \Omega_0 x^{2-3\gamma}]^{1/2}$$

$$H_0 t = \int_0^1 \frac{dx}{[1 - \Omega_0 + \Omega_0 x^{2-3\gamma}]^{1/2}}$$

# Age of the Universe

$$(\Lambda = 0)$$

Special cases:  $\Omega_0 = 1$

$$\gamma = 1$$

$$t = \frac{2}{3H}$$

$$\gamma = 4/3$$

$$t = \frac{1}{2H}$$

# The Hot Thermal Universe

The energy density in photons:

$$\rho_\gamma = \int E_\gamma dn_\gamma$$

with density of states ( $g_\gamma = 2$ )

$$dn_\gamma = \frac{g_\gamma}{2\pi^2} [\exp(E_\gamma/T) - 1]^{-1} q^2 dq$$

giving

$$\rho_\gamma = \frac{\pi^2}{15} T^4 \quad p_\gamma = \frac{1}{3} \rho_\gamma \quad s_\gamma = \frac{4\rho_\gamma}{3T} \quad n_\gamma = \frac{2\zeta(3)}{\pi^2} T^3$$

familiar blackbody relations

In general,

$$\rho_i = \int E_i dn_{q_i}$$

with

$$dn_{q_i} = \frac{g_i}{2\pi^2} [\exp[(E_{q_i} - \mu_i)/T] \pm 1]^{-1} q^2 dq$$

and

$$E_{q_i} = (m_i^2 + q_i^2)^{1/2}$$

$$s_i = \frac{1}{T} \left[ E_{q_i} dn_{q_i} \mp \frac{kT}{(2\pi)^3} \int g_i \ln(1 \mp n_{q_i}) d^3 q_i \right]$$

$\mu$  is the chemical potential ( $\mu \rightarrow -\mu$  for antiparticles)

Free energy density:

$$F = \rho - Ts = \mu n - p$$

# Chemical potential related to particle-antiparticle asymmetry

Consider (for fermions),

$$n_f - n_{\bar{f}} = \frac{g_f}{2\pi^2} \int p^2 dp \left[ \frac{1}{e^{\frac{E-\mu}{T}} + 1} - \frac{1}{e^{\frac{E+\mu}{T}} + 1} \right]$$

Define  $\beta = \mu/T$ , and expand for small  $\beta$

$$= \frac{g_f T^3}{6} \beta \left( 1 + \frac{\beta^2}{\pi^2} \right)$$

so,  $\beta$  is of order  $\frac{n_f - n_{\bar{f}}}{n_\gamma} \sim 10^{-10}$

Non-relativistic number densities:

$$n_f = \frac{g_f}{2\pi^2} \int \frac{p^2 dp}{e^{\frac{(p^2+m^2)^{1/2}}{T}} + 1}$$

For  $p \ll m$

$$n_f = \frac{g_f}{2\pi^2} e^{-m/T} \int e^{-p^2/2mT} p^2 dp$$

$$n_f \simeq \frac{g_f}{(2\pi)^{3/2}} (mT)^{3/2} e^{-m/T}$$

and

$$\rho = mn$$

For Radiation  $m_i \ll T$ :

$$\rho = \left( \sum_B g_B + \frac{7}{8} \sum_F g_F \right) \frac{\pi^2}{30} T^4 \equiv \frac{\pi^2}{30} N(T) T^4$$

$$p = \frac{1}{3} \rho = \frac{\pi^2}{90} N(T) T^4$$

$$s = \frac{(\rho + p)}{T} = \frac{4}{3} \frac{\rho}{T} = \frac{2\pi^2}{45} N(T) T^3$$

Temperature	New Particles	$4N(T)$
$T < m_e$	$\gamma$ 's + $\nu$ 's	29
$m_e < T < m_\mu$	$e^\pm$	43
$m_\mu < T < m_\pi$	$\mu^\pm$	57
$m_\pi < T < T_c^\dagger$	$\pi$ 's	69
$T_c < T < m_{\text{strange}}$	$\pi$ 's + $u, \bar{u}, d, \bar{d}$ + gluons	205
$m_s < T < m_{\text{charm}}$	$s, \bar{s}$	247
$m_c < T < m_\tau$	$c, \bar{c}$	289
$m_\tau < T < m_{\text{bottom}}$	$\tau^\pm$	303
$m_b < T < m_{W,Z}$	$b, \bar{b}$	345
$m_{W,Z} < T < m_{\text{Higgs}}$	$W^\pm, Z$	381
$m_H < T < m_{\text{top}}$	$H^0$	385
$m_t < T$	$t, \bar{t}$	427

$^\dagger T_c$  corresponds to the confinement-deconfinement transition between quarks and hadrons.



# Grand Unified Theories:

Need to add:

12 Gauge Bosons; X, Y

24 Higgs bosons  $\Sigma$  to break SU(5)

6 more Higgses (to complete the SU(5) multiplets)

Grand Total:  $N = 160.75$

Many more if theory is  
supersymmetric!

# The quark-hadron transition

Consider a gas of pions:

$$n_{\pi} = \frac{3}{2} n_{\gamma}$$

Since  $n_{\gamma} \sim 400 \text{ cm}^{-3}$

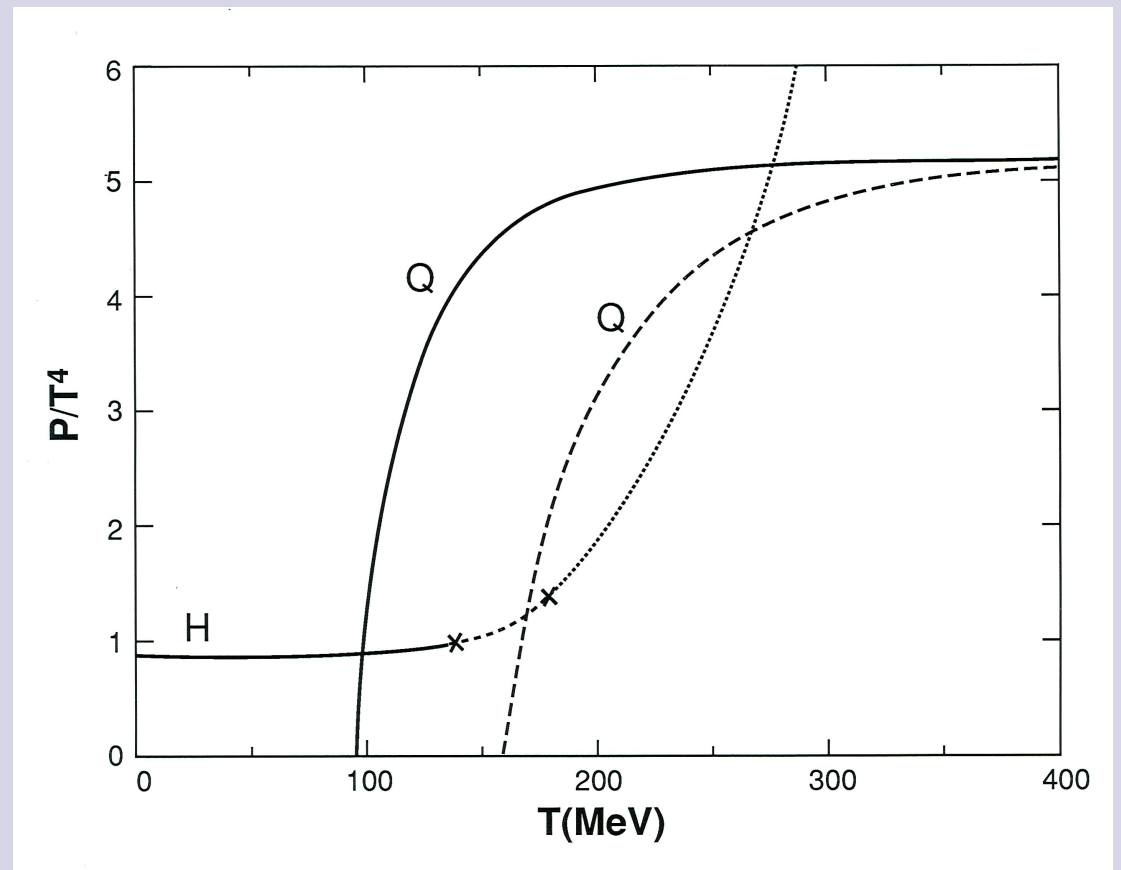
we can write

$$n_{\pi} = \frac{3}{2} (400 \text{ cm}^{-3}) \left( \frac{T}{T_0} \right)^3$$

at 200 MeV, that's about .4  $\pi$ 's / fm<sup>3</sup>

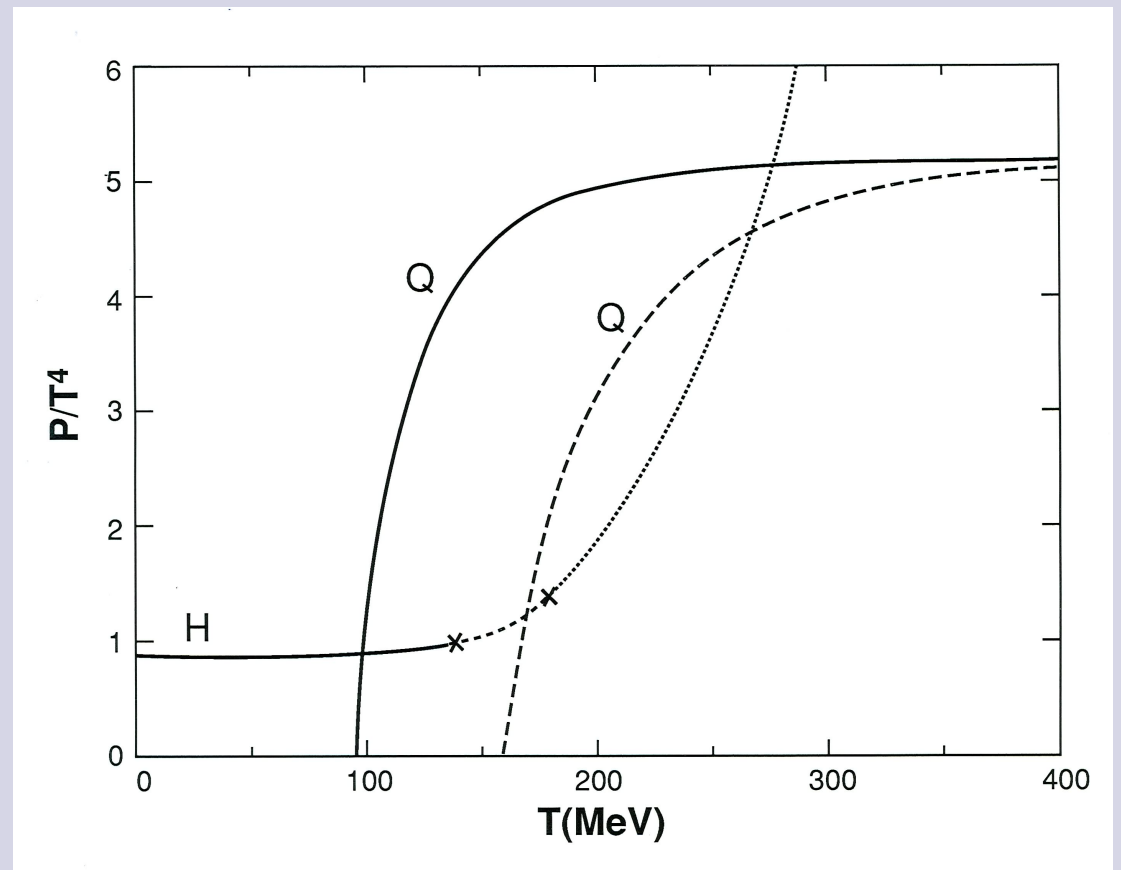
# The quark-hadron transition

Consider the contributions of all known hadrons to the pressure, and the contribution of (free) quarks + a bag term (-B) to simulate confinement



# The quark-hadron transition

Since  $F = -p$  (for  $\mu=0$ ), predict hadrons are present over quarks at high  $T$ !



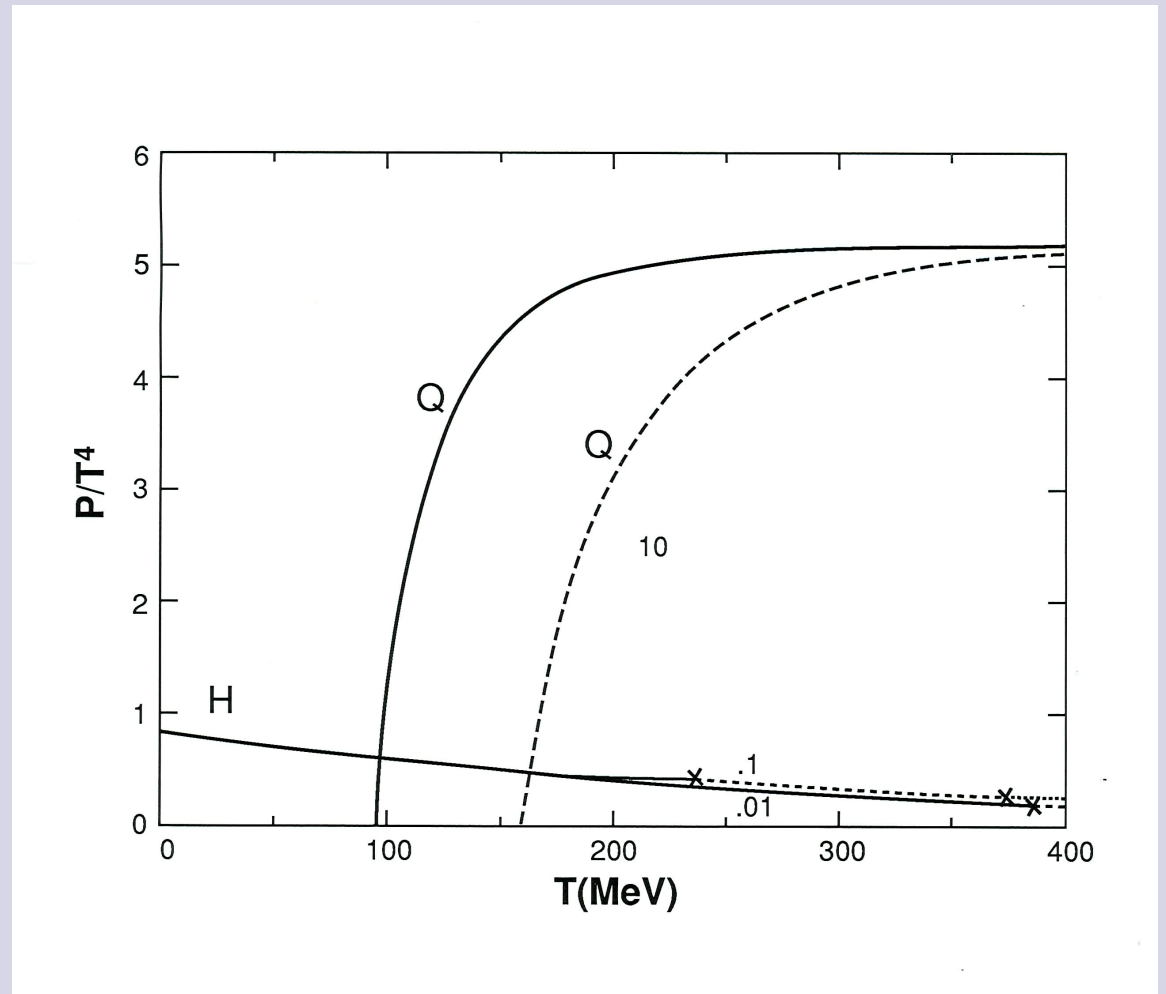
# The quark-hadron transition

Problem cured by taking into account strong repulsive interactions among hadrons.

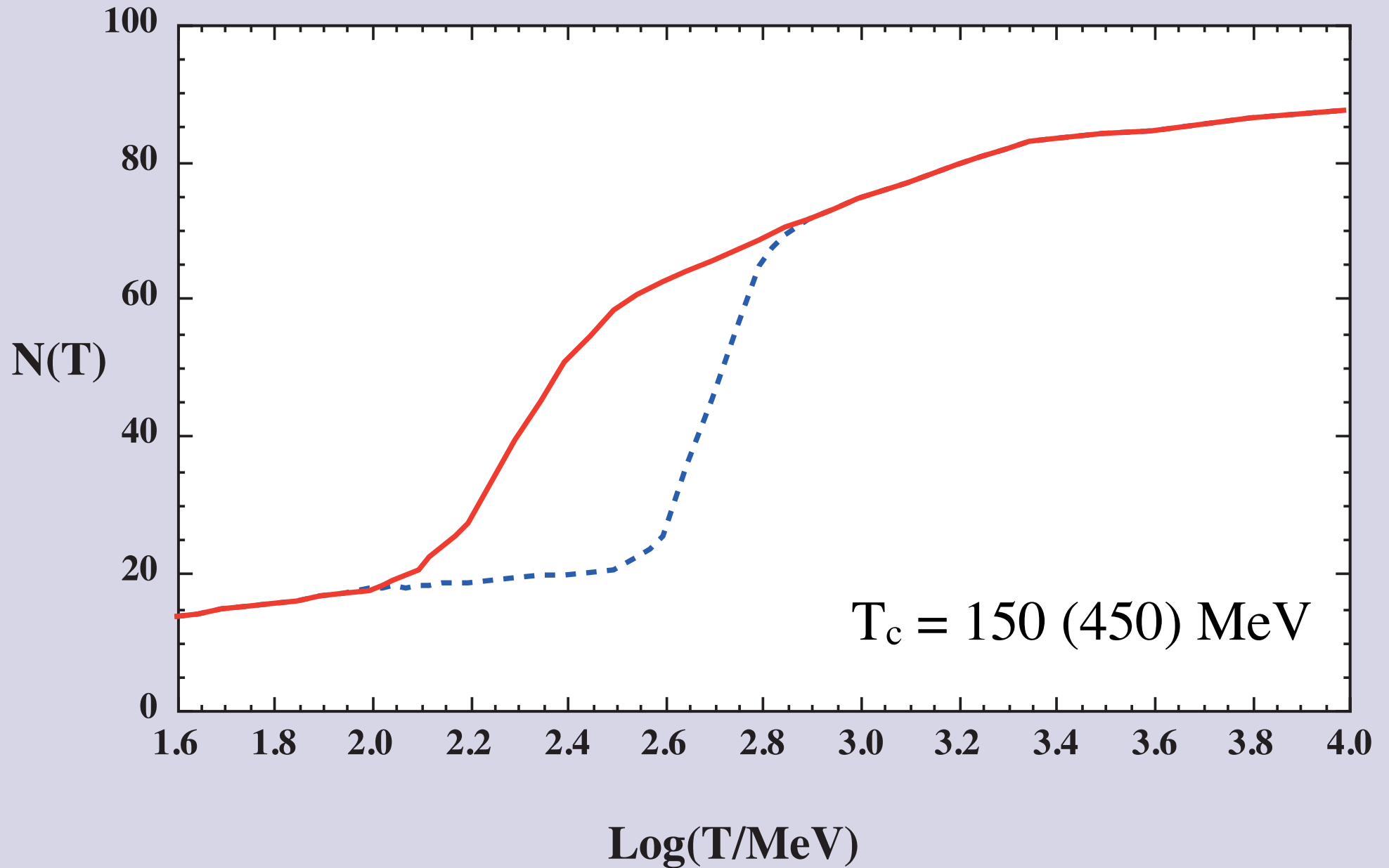
e.g. N-N (Reid) potential

$$U(r) = (-10.46 e^{-\mu r} - 1650.6 e^{-4\mu r} + 6484.3 e^{-7\mu r}) / \mu r,$$

$$U_N(n) = 18.7 \left( \frac{4\pi}{\mu^3} \right) n_N \\ = 680 n_N,$$



# Effective numbers of degrees of freedom



# Time-temperature Relation

Recall  $\gamma = 4/3$

$$t = \frac{1}{2H} \quad H^2 = \frac{8\pi G_N \rho}{3}$$

$$t = \left( \frac{3}{32\pi G_N \rho} \right)^{1/2} = \left( \frac{90}{32\pi^3 G_N N(T)} \right)^{1/2} T^{-2}$$

or

$$t_s T_{MeV}^2 = \frac{2.41}{\sqrt{N(t)}}$$

# Equilibrium

- Particles will be in equilibrium if there is a reaction rate which is fast enough:  $\Gamma > H$ 
  - interaction rate  $\Gamma$
  - mean time between interactions  $\tau \sim \Gamma^{-1}$
  - expansion rate  $H$
  - age of the universe  $t \sim H^{-1}$

$$\Gamma > H \quad \Rightarrow \quad t > \tau$$



# Neutrinos

kept in thermal equilibrium by processes such as

$$e^+ + e^- \leftrightarrow \nu + \bar{\nu} \text{ or } e + \nu \leftrightarrow e + \nu \text{ etc.},$$

expansion rate (again)

$$H = \left( \frac{8\pi G_N \rho}{3} \right)^{1/2} = \left( \frac{8\pi^3}{90} N(T) \right)^{1/2} T^2 / M_P \\ \sim 1.66 N(T)^{1/2} T^2 / M_P,$$

and  $\Gamma = n \langle \sigma v \rangle$  and  $\langle \sigma v \rangle \sim 0(10^{-2}) T^2 / M_W^4$

$$\Gamma_{wk} \sim 0(10^{-2}) T^5 / M_W^4$$

Neutrinos in equilibrium when

$$T > (500 M_W^4 / M_P)^{1/3} \sim 1 \text{ MeV}.$$

# Entropy Conservation

Energy conservation:  $T^{\mu\nu}_{;\nu} = 0$

$$\dot{\rho} = -3H(\rho + p)$$

equivalent to

$$\dot{\rho}R^3 = \frac{d}{dt}(R^3(\rho + p)) = \frac{d}{dt}(R^3Ts)$$

Now,

$$\dot{p} = \frac{dp}{dT} \frac{dT}{dt} = s \frac{dT}{dt}$$

so

$$s \frac{dT}{dt} R^3 = \frac{d}{dt}(R^3Ts) = s \frac{dT}{dt} R^3 + T \frac{d}{dt}(R^3s)$$

$\Rightarrow$

$$\frac{d}{dt}(R^3s) = 0$$

# Neutrino Temperature

- At  $T \sim 1 \text{ MeV}$  neutrinos decouple
- At  $T \sim 1/2 \text{ MeV}$   $e^+ e^-$  annihilate to photons
- Entropy of “ $\gamma$ ’s” and  $\nu$ ’s conserved separately
- Prior to annihilation,  $T_\gamma = T_\nu = T_>$

$$s_> = \frac{4\rho_>}{3T_>} = \frac{4}{3} \left( 2 + \frac{7}{2} \right) \left( \frac{\pi^2}{30} \right) T_>^3$$

- After annihilation,  $T_\gamma = T_<$  but,  $T_\nu = T_>$

$$s_< = \frac{4\rho_<}{3T_<} = \frac{4}{3} (2) \left( \frac{\pi^2}{30} \right) T_<^3$$

$$T_\nu = (4/11)^{1/3} T_\gamma \simeq 1.9K$$

# Another example of Freeze-out

# The Relic Density

At high temperatures  $T \gg m_\chi$ ;

$\chi$ 's in equilibrium  $\Gamma > H$   $n_\chi \sim n_\gamma$

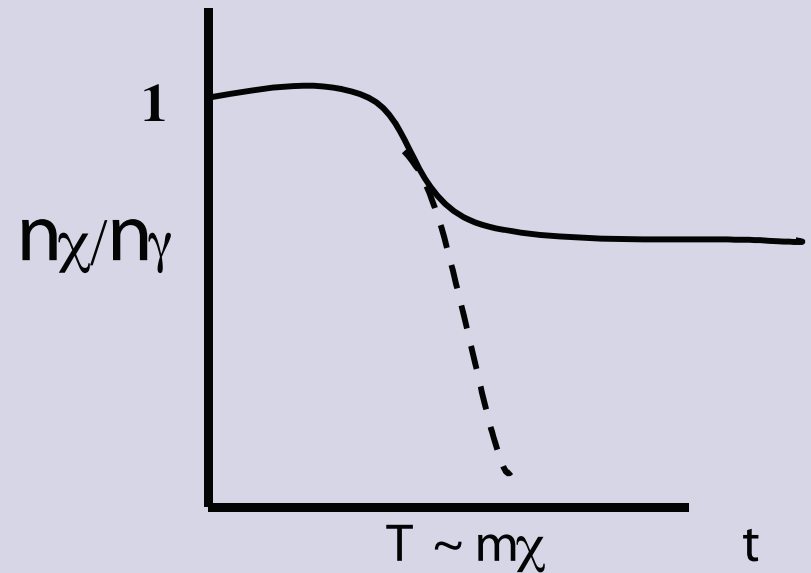
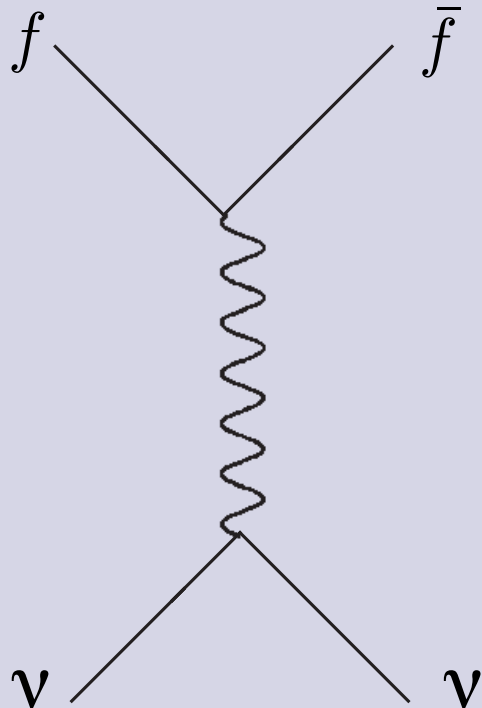
$$\Gamma \sim n\sigma v \sim T^3\sigma v; H M_p \sim \sqrt{\rho} \sim T^2$$

As  $T < m_\chi$ ; annihilations drop  $n_\chi$

$$n_\chi \sim e^{-m_\chi/T} n_\gamma$$

Until freeze-out,  $\Gamma < H$

$$n_\chi/n_\gamma \sim \text{constant}$$



# Annihilation Cross sections:

$$\nu\nu \rightarrow f\bar{f}$$

$$\langle\sigma v_{rel}\rangle = \sum_f \frac{1}{M^2} \left(1 - \frac{m_f^2}{M^2}\right)^{1/2} [a_f + b_f x + \dots]$$

$$a_f = C_0 + C_1 + C_2$$

$$b_f = -\frac{3}{2}(2C_0 + C_1) + \frac{3}{4}\beta_f(C_0 + C_1 + C_2)$$

$$\beta_f = m_f^2/(M^2 - m_f^2)$$

$$\xi_f = m_f^2/M^2$$

$$C_{0f} = \frac{2}{3\pi}M^4 [7\xi_f A_f^2 - 2\xi_f V_f^2]$$

$$C_{1f} = \frac{4}{3\pi}M^4 [-(2 + 2\xi_f + 12\xi_f\eta)A_f^2 - (2 - \xi_f)V_f^2]$$

$$C_{2f} = \frac{8}{3\pi}M^4 [(1 + 12\xi_f\eta^2)A_f^2 + V_f^2]$$

$$V_f = \sqrt{\frac{\lambda}{2}}G(T_f^{3L} - 2Q_f \sin^2\theta_W)$$

$$A_f = \sqrt{\frac{\lambda}{2}}G(-T_f^{3L})$$

## The Relic Density:

$$\frac{dn}{dt} = -3\frac{\dot{R}}{R}n - \langle\sigma v\rangle(n^2 - n_0^2)$$

$$\frac{df}{dx} = m_\chi \left(\frac{1}{90}\pi^2\kappa^2 N\right)^{1/2} (f^2 - f_0^2)$$

$$f = n/T^3$$

$$\Omega_\chi h^2 \simeq 1.9 \times 10^{-11} \left(\frac{T_\chi}{T_\gamma}\right)^3 N_f^{1/2} \left(\frac{\text{GeV}}{ax_f + \frac{1}{2}bx_f^2}\right)$$

What is  $(T_\chi/T_\gamma)$  ?

$$x_f \approx 1/20$$

$$N_f \approx N(m_\chi/20)$$

e.g., for  $m_\chi = 100 \text{ GeV}$ ,  $T_f \approx 5 \text{ GeV}$   $N_f \approx 345/4$

$$(T_\chi/T_\gamma)^3 = (43/4N_f) \times (4/11)$$



# Neutrinos

- Relic Density limit on light  $\nu$  masses:

$$\rho_\nu = \frac{3}{11} \frac{g_\nu}{2} m_\nu n_\gamma$$

$$\Omega_\nu h^2 \simeq 0.01 m_\nu (eV) \frac{g_\nu}{2}$$

- WMAP +2df + limit

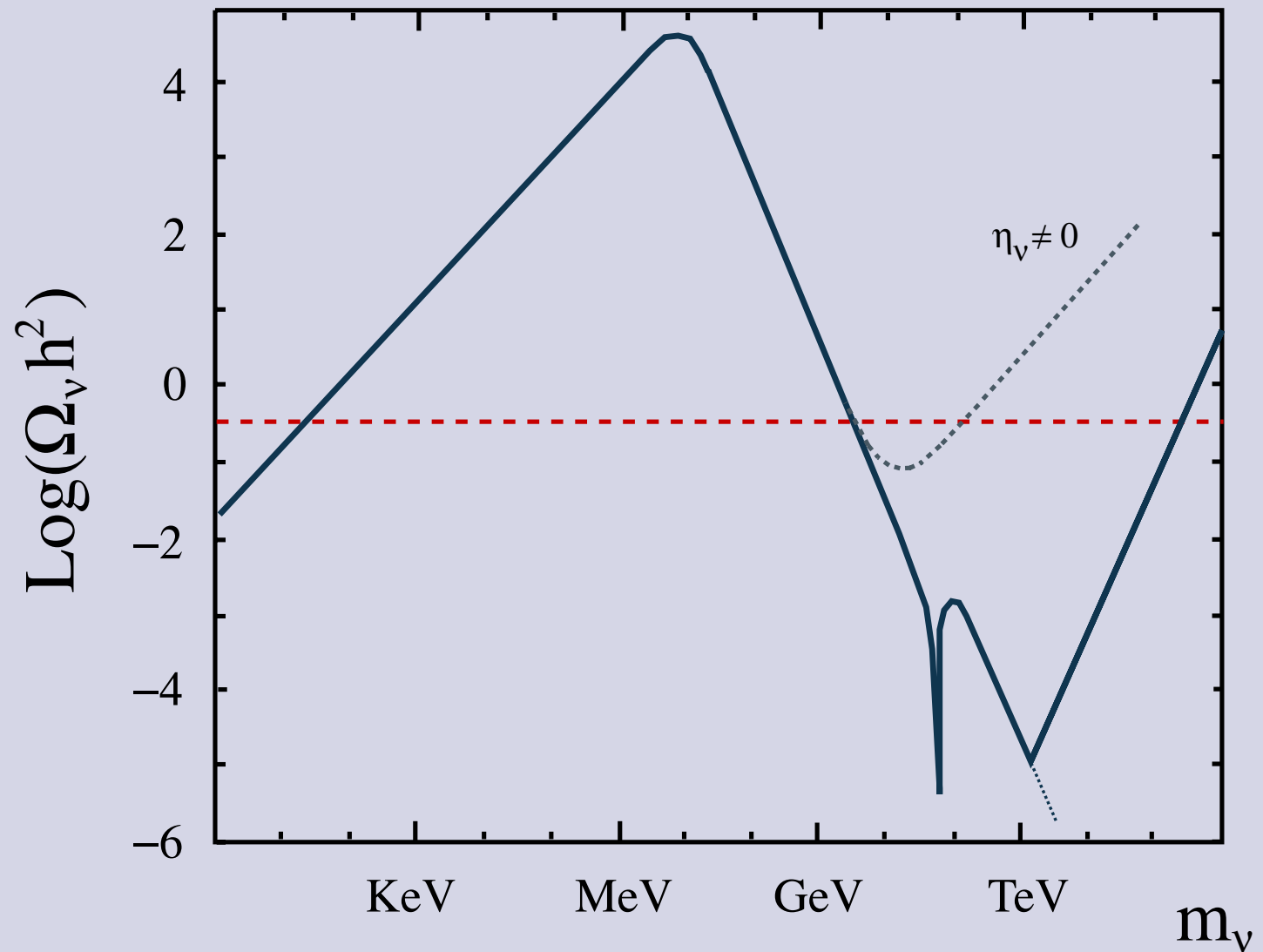
$$m_{tot} < 0.7 eV \implies \Omega h^2 < 0.0076$$

- Heavy neutrinos ( $m > \text{GeV}$ ) excluded as dark matter

# Neutrinos

Light  $\nu$ 's ( $m_\nu < 1$  MeV): Left over with  $n_\nu \approx n_\gamma$

Heavy  $\nu$ 's ( $m_\nu > 1$  MeV): Left over from annihilations



# Matter Domination

Radiation density:

$$\rho_r = \frac{\pi^2}{30} \left[ 2 + \frac{21}{4} \left( \frac{4}{11} \right)^{4/3} \right] T^4$$

Matter density:

$$\rho_m = m_N \eta n_\gamma$$

$$\rho_r = \rho_m,$$

$$T_{eq} = 0.22 m_N \eta \quad \text{or} \quad (1 + z_{eq}) = 0.22 \eta \frac{m_N}{T_0}$$

## With Dark Matter

$$\rho_m = \Omega_m \rho_c \left( \frac{T}{T_0} \right)^3$$

$$T_{eq} = 0.9 \frac{\Omega_m \rho_c}{T_0^3} \quad \text{or} \quad (1 + z_{eq}) = 2.4 \times 10^4 \Omega_m h^2$$