PSR J1023+0038: from radio MSP to accreting system

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Timeline



Transitional MSPs

There are now known three systems that have transitioned between radio MSP and accreting states:

- J1023: field MSP, found in pulsar survey, detailed study in both states
- M28I: cluster MSP, X-ray pulsations allowed identification; see Carlo Ferrigno's talk
- XSS J12270-4859: field MSP, identified based on $\gamma\text{-rays};$ see Jayanta Roy's talk

These systems share key observational features.

Accretion-disc state

Summary

J1023 system properties



- 0.198-day orbit
- $0.2 \, M_{\odot}$ companion
- 1.7-ms pulsar spin period
- $B = 10^8 \, {
 m G}$
- 1.37 kpc distance
- ${\sim}45^{\circ}$ inclination





Radio pulsar emission



Radio emission is messy:

- Eclipses
- Extra DM

Also seen in: M28I, XSS J12270

Accretion-disc state

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Orbital period variations



Substantial wander in orbital phase

- No believable long-term orbital period derivative
- No plausible quasi-periodicity Also seen in: M28I, XSS J12270

Companion



Multicolour light curve from Thorstensen and Armstrong 2005

The companion is unusual:

- 1.8 times the radius expected given the mass
- Mildly irradiated

X-ray emission



Shock model from Bogdanov et al. 2011

- X-rays in MSP state
 - $L_X = 0.02 L_{\odot}$ ($10^{32} \, {\rm erg \, s^{-1}}$), hard power-law spectrum
- Orbital variability consistent with emission from a shock near L1
 - Reprocessing allows X-rays to explain irradiation

Also seen in: XSS J12270

γ -ray emission



- J1023 is a γ -ray source
 - 0.3L_☉
 - 3.7σ evidence for pulsations at the pulsar period

This is fairly typical for a MSP with $\dot{E} = 4 \times 10^{34} \text{ erg s}^{-1} (12L_{\odot}).$ Also seen in: XSS J12270

Accretion



Optical evidence for an accretion disc



- Grew brighter and bluer
- Spectrum developed double-peaked emission lines
- Increased orbital modulation (heating increased by a factor ${\sim}3)$
- Also seen in: XSS J12270

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Low X-ray luminosity



- X-ray luminosity ${\sim}3\times10^{33}\,{\rm erg\,s^{-1}}$
 - Drastically lower than other systems known to accrete
 - "Quiescent"
- X-ray pulsations detected
 - Typical of AMXPs
- Low-luminosity pulsations hard to explain in terms of accretion flows

Also seen in: XSS J12270, M28I (sometimes)

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X-ray emission switches between three "modes":

Low

- $5\times 10^{32}\,{\rm erg\,s^{-1}}$, stable
- No pulsations
- Small fraction of the time; minutes
- High
 - $3\times 10^{33}\,\rm erg\,s^{-1}$, stable
 - Pulsations
 - Majority of the time
- Flare
 - ${\sim}10^{34}\,{\rm erg\,s^{-1}}$, variable
 - No pulsations
 - Occasional; minutes to hours

Also seen in: M28I, XSS J12270



- J1023 shows flat-spectrum variable radio emission
- L_R/L_x more typical of a black hole than a NS

Also seen in: M28I, XSS J12270



In the accretion-disc state the $\gamma\text{-ray}$ flux increased by a factor of ${\sim}5.$

- No evidence for orbital modulation
- Unable to test for pulsations
 - Pulsars are among the very few non-variable Fermi sources

Also seen in: XSS J12270

Key features



In MSP state:

- Radio eclipsing
- Orbital period variations
- Orbitally modulated X-rays
- Irradiated Roche-lobe-filling companion

In accretion-disc state:

- Underluminous in X-rays
- X-ray mode switching
- X-ray pulsations
- Flat-spectrum radio continuum emission
- γ -ray brightening

Radio pulsar emission



- Eclipses
 - Variable
 - Longer at lower frequency
 - Occasionally not near 0.25
- Extra DM
 - Usually near eclipse
 - Sometimes at random phases
 - Varies from observation to observation

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Companion



The companion is unusual:

- 1.8 times the radius expected given the mass
- Possibly hydrogenstripped/helium-enhanced
- Not even spherical
- May be magnetic

SDSS cutout

Companion irradiation



Multicolour light curve from Thorstensen and Armstrong 2005

Thorstensen and Armstrong (2005) modelled the companion:

- Companion average temperature 5700 K
- Near side hotter by 400 K
- Well-fit by model with 2L_☉ isotropic primary